

## A Proper Diagnosis Shouldn't Require a Doctor Scavenger Hunt. Here Are Tips to Help Your Doctor Find an Answer

---

*Vanessa Merta* | November 11, 2014

Have you or someone you know been passed from doctor to doctor without a resulting diagnosis? According to Tufts University School of Medicine, the prevalence of undiagnosed diseases is [significant](#), even for common chronic diseases. A disease as common as depression, which is estimated to effect two to four percent of Americans, is missed in a staggering 69 percent of patients who seek help! Other chronic diseases that often go undiagnosed or misdiagnosed include diabetes, dementia, and osteoporosis.



The good news is that there are actions you or a loved one can take to help your doctor get to the bottom of the problem quicker, according to the [Center for Advancing Health](#).

“[What to do if the Doctor Just Shrugs](#),” offers patients ten tips on what they can do when doctors are unable to come up with a diagnosis. Check out this interesting read and let us know what you think. Have you or a loved one ever tried any of these suggestions? Tell us your experience in the comments section!

To read this post on RWHC blog, [click here](#).